

2026 Spring/Summer Classes & Events

New Physical Address

Church of the Precious Blood/Parish Hall
72 Riverdale Ave,

Monmouth Beach, NJ 07750

New Mailing Address

PO Box 9, Monmouth Beach, NJ 07750

Hours: Monday-Friday 9:00AM-4:00PM

732-542-1326 / www.scannj.org



Message from Mike Ciavolino, SCAN's Executive Director

As we welcome the arrival of spring, it brings with it a renewed sense of energy, growth, and opportunity. This season is a wonderful time to step outside, try something new, and continue investing in your overall well-being. At SCAN, we remain committed to helping you stay active, engaged, and connected. Our Spring 2026 semester offers another full and exciting lineup of classes, programs, and events designed to support your health in mind, body, and spirit. From art and acting to dance, fitness, technology, games, and more, there is truly something for everyone.

This semester continues to build on the momentum of our expanding programming. You'll find a wide variety of offerings across our locations, including classes in Monmouth Beach and at Boscov's, with both in-person and hybrid options available. Whether you're looking to improve your fitness, explore your creativity, learn new skills, or simply enjoy time with friends, SCAN has you covered. In addition to our regular classes, we are excited to share that SCAN is currently in the planning stages of introducing weekly Bingo in collaboration with the community. We encourage you to keep an eye on our website and social media channels for updates and more details as they become available; we think this will be a fun and engaging addition to our regular programming!

As always, SCAN remains dedicated to serving the needs of older adults throughout Monmouth and Ocean Counties. Whether you're returning for another semester or joining us for the first time, we are excited to have you as part of our community. We look forward to seeing you this spring and helping you make the most of the season ahead. Wishing you a healthy, happy, and active spring.

Updated Policies and Procedures Regarding SCAN Fees and Payments

In order to continue doing business sustainably, we have made a few updates to our payment and refund policies. We thank you in advance for your understanding and cooperation.

- **Credit Card Charges:** An additional 3% will be added to all credit card charges.
- **Class Fees and Prorating:** We do not offer prorated fees for any class, regardless of when you join. Please be sure that your schedule allows you to attend most of the sessions before registering.
- **Refunds and Class Changes:** We do not offer refunds for classes or memberships. However, if your schedule changes, we may be able to transfer your registration to another class during the current semester or the following one. Requests for class changes must be made within the first two weeks of the semester. Please speak with a staff member for more information.
- **Online Payment Errors and Credit Card Chargebacks:** If you accidentally click the payment button twice during online registration, we will issue a refund for the duplicate payment. However, all non-refundable fees charged to SCAN by our payment processor will be deducted from your refund.
- **How to Make a Payment:** We accept payments in the following ways:
 1. **In person** at the SCAN office with any SCAN staff member
 2. **Online** at www.scannj.org, safely and securely
 3. **By mail** to SCAN, PO Box 9, Monmouth Beach, NJ 07750
 4. **NOTE:** Payments should never be given directly to instructors under any circumstances.

Thank You to Our Sponsors



Spring/Summer In-Person & Online Schedule

Semester runs April 27-July 17

SCAN will close on Mon May 5, Fri June 19 & Fri July 3.

SCAN Membership is \$25; Annual Renewal is \$20.

- **MB** – Classes held at Monmouth Beach location.
- **BOSCOVS** – Classes held in Boscov's 3rd floor auditorium.

Acting: The Art & Fun of Acting & Improv (Mon) BOSCOV'S (C6611.1)

Come have a great time in this 10-week class learning the skills used for acting for stage and screen, and why improvisation is not just about comedy and performing, BUT a way to live life with more confidence and positivity. Professional director and acting coach David J.V. Meenan has students currently in Broadway shows, on television, and in Hollywood movies. It's never too late to start an acting career. Discover the ins and outs of the business and how to get started, while working on original scenes written for the class. *NO CLASS 5/25, 6/1*

Monday 10:15AM-11:30AM 04/27/2026 - 07/13/2026 Instructor: David J.V. Meenan
Member Fee: 130.00 C6611.1

Art: Zen-Inspired Art Class (Fri) MB (C5056.2)

Join us for a NEW 9-week class. Learn a simple, step by step method for creating beautiful abstract images from repetitive patterns called tangles. activity open to everyone - no prior art experience is needed. Surprise yourself by building stunning designs from basic shapes, creating unique compositions. *NO CLASS 6/5, 6/19, AND 7/3/2026*

SUPPLIES INCLUDED Friday 12:00PM-1:30PM 5/1/2026-7/17/2026 Instructor: Beth Stamp
Member Fee: 80.00 C5056.2

Art: Studio Time - MB

Artists of all levels of experience and mediums come together for 12 weeks

CLASS LIMITED TO 8.

Tuesday 9:30AM-12:30PM 4/28/2026-07/14/2026 Self - Facilitated
Member Fee: 55.00 C0140.1

Art: Watercolor Painting Class (Tues) MB (C9902.1)

Join our Watercolor painting class taught by Artist Tracey Witter and explore the vibrant world of color and creativity! This is a 6-week class with all supplies included. This is a beginner- intermediate friendly painting class that allows students to explore the unique qualities of each medium while learning foundational art techniques. The class typically starts with a review of foundational skills—before moving into more nuanced methods like layering, glazing, and creating texture. ALL ART SUPPLIES INCLUDED

Tuesday 10:00-12:00PM 04/28/2026-6/02/2026 Instructor- Tracey Witter
Member Fee: 150.00 In-person – C9902.1

Clubs: Book Club MB

Join us as we read and discuss critically acclaimed books of the 21st Century. A limited number of library books will be available at the Eastern Branch – Monmouth County Library. Register for each session separately.

Facilitator: Aida Murphy

Session 1- "Olive Kitteridge" by Elizabeth Strout, blunt, complex retired teacher navigates life and relationships in a small Maine town through interconnected, poignant short stories. Pulitzer Prize for Fiction. Book available March 30
Monday 5/4/2026 1:00PM-2:00PM Member Fee: 15.00 C2124.1

Session 2- "The Sympathizer" by Viet Thanh Nguyen, a half-French, half-Vietnamese communist sleeper agent struggles with dual identities and conflicting loyalties during and after the Vietnam War. Book available April 28
Monday 6/1/2026 1:00PM-2:00PM Member Fee: 15.00 C2124.2

Session 3 "Trust" by Hernan Diaz, A multi-layered puzzle exploring wealth, power, and truth through four conflicting versions of a 1920s tycoon's rise to fortune. Book available May 27 Monday 6/29/2026 1:00PM-2:00PM
Member Fee: 15.00 C2124.3

Clubs: Walking Squad- MB-NEW** (C3124.1)**

Whether you're looking to boost your fitness, meet new people, or simply get outside more often, this group offers a welcoming and supportive environment for all. If it rains, we will walk in the gym. Walkers will meet at the SCAN entrance in Monmouth Beach. Please be on time, walks will begin at 9:35. Wear comfortable clothing, bring water.

NO CLASS 5/21, 6/25 Free and Open to the Public. Registration Required

Thursday 9:30AM-10:30AM 5/7/2026- 7/9/2026

Member Fee: 0.00 C3124.1 Facilitators: Barbara & Andrea

Coffee Klatch ** NEW MB (3021.1)**

Join us at our new "Coffee Klatch" for hot coffee and lite refreshments. Coffee Klatch is a relaxed, social gathering where conversation, connection, and a little creativity come together. Each session may include simple activities like themed chats, or small hands-on projects to keep things fresh and engaging.

Thursday 11:00AM-12:00PM 5/7, 6/4, 7/9

FREE and open to the public. Facilitated by Andrea and Barbara

Computers & Technology: Tech Class

Each workshop is a stand-alone, register for all of them, or just the workshop that fits your needs. Tech Classes will be held at Monmouth Beach and Boscov's Locations

Member Fee: 22.00 Instructor: Bobby Tyler

***Topic: Settings, Settings, Settings!!- MB (C8801.1).**

Wednesday 12:30PM-2:00PM 4/29/2026

***Topic: FaceTime & other video apps- Boscov's- (C8802.1)**

Friday 12:30PM-2:00PM 5/8/2026

***Topic: How to Help Yourself - BOSCOV'S (C8803.1)**

Friday 12:30PM-2:00PM 5/22/2026

***Topic: ChatGPT for beginners- MB (C8804.1)**

Wednesday 12:30PM-2:00PM 6/3/2026

***Topic: Features & Updates-MB (C8805.1)**

Wednesday 12:30PM-2:00PM 6/17/2026

***Topic: Q&A - BOSCOV'S (C8806.1)**

Friday 12:30PM-2:00PM 6/26/2026

Crafts: Crocheting Club- MB-NEW** (C3125.1)**

Join our Crochet Club and enjoy a cozy, creative space to relax, learn, and connect! All skill levels are welcome. Come and socialize, learn how to crochet something beautiful. The instructor has been crocheting for over 50 years. She is a Certified Crochet Instructor. Materials needed for first class a skein of light color yarn and a crochet hook #8mm

Tuesday 1:00PM-2:00PM 4/28, 5/12, 5/26, 6/9, 6/23, 7/7,7/14

Member Fee: 50.00 C3125.1 Facilitator: Carol Ciak

Dance: Beginner/ Intermediate Tap Dance (C9902.1)

Time to brush off those shoes, and get back into your Time Steps, Maxi Fords, Cramp Rolls, and learning new steps as well. Class will be taught by Guinness Book World Record Holder in Tap, David J.V.Meenan, who has been teaching adults for years. This 14-week class will take place at DanceMixx Studio at 31 Park Road, Tinton Falls.

Thursday 12:00PM-1:00PM 4/23/2026-7/30/2026 Instructor: David J.V. Meenan

Member Fee: 224.00 C9902.1 NO CLASS 6/4

Dance: Intermediate/Advanced Tap Dance (C9903.1)

Many students take this class as well as the Beginner/Intermediate class back-to-back! Have a blast while learning new routines weekly and working on new tap steps and old favorites. The class is for those with good knowledge of tap steps already. Class will be taught by Guinness Book World Record Holder in Tap, David J.V. Meenan, who has been teaching adults for years. This 14-week class will take place at DanceMixx Studio at 31 Park Road, Tinton Falls.

Thursday 1:00PM-2:00PM 4/23/2026-7/30/2026 Instructor: David J.V. Meenan

Member Fee: 224.00 C9903.1 NO CLASS 6/4

Dance: Beginner Line Dancing Class (Weds) Boscov's

Kick up your heels in this lively 2 separate session, 5 weeks ****NO CLASS 5/27**** beginner line dancing class, with the well-known instructor Maureen Hawkins. Perfect for all ages this class brings fun, fitness, and fantastic music. Not only will you learn to dance, but you'll also enjoy a low-impact workout that boosts physical and mental well-being. With a welcoming atmosphere and expert instruction, you'll be stepping in no time. The second session will feature a new set of dances to keep the fun going, while reviewing and reinforcing familiar favorites Class size is limited to 25.

Wednesday Session 1 4:45PM-5:45PM 5/13/26-6/17/2026 C8013.2

Member Fee: 50.00 Instructor: Maureen Ryan-Hawkins

Wednesday Session 2 4:45PM-5:45PM 6/24/26-7/22/26 C8013.3

Member Fee: 50.00 Instructor: Maureen Ryan-Hawkins

Dance: High-Beginner Line Dancing (Weds) Boscov's

Kick up your heels in these lively 2 separate sessions, each 5 weeks. ***NO CLASS 5/27*** A high beginner line dancing class is perfect for dancers who are comfortable with basic steps and ready to take things up a notch. This class builds on foundational patterns while introducing more complex choreography, quicker transitions, and a wider variety of rhythms and styles. Dancers will continue to review and refine familiar steps while learning new routines that challenge coordination, timing, and memory. Class size is limited to 25.

Session 1: Wednesday 5/13/26-6/17/26 3:45PM-4:45PM C8014.1

Member Fee: 50.00 Instructor: Maureen Ryan-Hawkins

Session 2: Wednesday 6/24/26-7/22/26 3:45PM-4:45PM C8014.2

Member Fee: 50.00 Instructor: Maureen Ryan-Hawkins

Dance: Broadway Dance and Jazz (C9420.1)

Stay in shape while dancing to your favorite Broadway musical numbers! Beginners and seasoned dancers are all welcome in this guaranteed fun filled class for everyone! You will also learn the inside scoop of what it takes to put on a Broadway show from instructor David Meenan, who was in 42nd Street and A Chorus Line all over the world! Join us for this 13-week class at DANCE MIXX STUDIO, 31 Park Road, Tinton Falls ***NO CLASS 5/25, 6/1***

Monday 12:00PM-1:00PM 4/20/2026-7/27/2026 Instructor: David J.V. Meenan

Member Fee: 208.00 C9420.1

Fitness: Sit and Get Fit **NEW**** MB (C7712.1)**

Come join this NEW 9-week class Sit and Get Fit, it is a gentle exercise class featuring easy movements performed while seated or using a chair for support. Participants work on improving strength, flexibility, balance, and circulation in a welcoming and safe environment. The class is suitable for a wide range of fitness levels and offers an enjoyable way to stay active **NO CLASS 6/5,6/19,7/3**

Friday 10:30AM-11:30PM 5/1/2026- 6/17/2026 Instructor: Beth Stamp

Member Fee: 90.00 C7712.1

Fitness: Tai Chi **NEW**** (Fri) BOSCOV'S (C7701.1)**

Adaptive Tai Chi class offers a gentle, low-impact way to support a wide range of abilities. Using slow, flowing movements, participants can improve balance, increase flexibility, build strength, and reduce anxiety. For comfort and safety, wear loose clothing and sneakers. **NO CLASS 6/5, 6/19, 7/3**

Friday 2:00PM-3:00PM 5/1/2026-7/17/2026 Facilitator Beth Stamp

Member Fee: 90.00 C7701.1

**Make Sure you register for SCAN's
2026 Senior Expo/ Fashion Show May 15th**

Fitness: Chair Yoga (Mon, Wed-MB & Fri- Boscov's)

Chair Yoga class offers a gentle, accessible way to experience all the benefits of yoga while being fully supported by a chair. This class uses slow, mindful movements that anyone can practice, making it ideal for beginners, those with limited mobility, or anyone who prefers a seated practice. You will explore yoga postures adapted to the chair, allowing the body to stretch, strengthen, and move with ease while improving circulation, mobility, and overall, wellbeing. Chair Yoga supports increased range of motion, strength, stability, breath awareness, energy, and peace of mind, offering a gentle path to strength, calm, and mindful movement. Instructor: Maria DiSanti

Monday 4/27/2026-7/13/2026	10:15AM-11:15AM	No class 5/25
Member Fee: 110.00	Zoom Only Z0861.1	11 weeks
Wednesday MB 4/29/2026-7/15/2026	11:30AM-12:30PM	12 weeks
Member Fee: 120.00	In-person - C0861.2	Online - Z0861.2
Friday BOSCOV'S 5/1/2026-7/17/2026	11:30AM-12:30PM	No Class 6/19, 7/3
Member Fee: 100.00	In-person - C0866.1	On-line: Z0866.1 10 weeks

Fitness: Beg/Gentle Floor Yoga (WEDS -MB & Fri-Boscov's)

Supportive • Slow paced • Perfect for New or Returning Students This class is ideal for anyone who is brand new to yoga, unfamiliar with yogic breathing techniques The class is also well suited for individuals recovering from injury who need to move slowly and safely, as well as for students with limited mobility in the hips, knees, back, or other areas. Throughout the practice, students will learn how to adapt poses using props such as blocks and blankets while exploring gentle movements that support healing, increase mobility, and strengthen the body in an accessible way. The class also focuses on helping students move between floor and standing postures with greater ease, while incorporating foundational breathing practices that calm the mind and steady the nervous system. Instructor: Maria DiSanti

Wednesday MB 4/29/2026-7/15/2026	10:15AM-11:15AM	12 weeks
Member Fee: 120.00	In-person - C6676.1	Online - Z6676.1
Friday Boscov's 5/1/2026-7/17/2026	10:15AM-11:15AM	10 weeks No Class- 6/19, 7/3
Member Fee: 100.00	In-person- C6677.1	On-line-Z6677.1

Fitness: Intermediate/Advanced Floor Yoga (WEDS) MB

INTERMEDIATE / ADVANCED YOGA For students with foundational experience This 12-week class is designed for practitioners who already have experience with yoga postures (asana) and basic breathing techniques such as 3- part yogic breath (Dirgha pranayama). Because the fundamentals will not be covered, students should feel comfortable modifying their practice and using props as needed. Participants are expected to be familiar with essential yoga postures, experienced with mindful breathing and basic pranayama, and able to move from the floor to stand with ease. Although it requires prior experience, the class remains slower paced, offering space to explore alignment, deepen awareness, and refine techniques in a mindful and intentional way. Intermediate/Advanced Yoga is a steady, thoughtful practice for students ready to grow.

Wednesday 4/29/2026-7/15/2026	9:00AM-10:00AM	Instructor: Maria DiSanti
Member Fee: 120.00	In-person - C0860.1	Online - Z0860.1

Fitness: Yoga For Everyone (Mon) ZOOM ONLY (Z0860.2)

This 11- week (NO CLASS 5/25) class is for All Levels • Welcoming • Mindful • Holistic Yoga for Everyone is a welcoming class designed for everybody and every level—from complete beginners to seasoned practitioners. It offers a supportive environment where you can explore movement, breath, and stillness at your own pace. The class follows a choice-based approach, allowing you to tailor each practice to your comfort level while engaging in gentle postures that strengthen, stretch, and restore the body. Mind-calming techniques are woven throughout to help you focus and unwind, making this an especially inviting space for those who may feel hesitant about trying yoga. Each session concludes with three minutes of silent meditation to integrate the practice.

Monday 4/27/2026-7/13/2026	9:00AM-10:00AM	Instructor: Maria DiSanti
Member Fee: 110.00	Online Only– Z0862.2	

Fitness: Strong Body Strong Bones (Tues & Thurs) BOSCOV'S

Exercise strengthens bones and muscles and improves balance, coordination, and flexibility, key for people with osteoporosis and osteopenia. This 11-week class (Thursdays NO CLASS 6/25) (11-week class Tuesdays NO CLASS 6/23) incorporates light aerobics and weight exercises designed to improve strength, balance, and flexibility. We will use weights and a playground ball. While at home, you can also use water bottles or a small pillow

Tuesday 4/28/2026-7/14/2026	11:00AM-12:00PM	Instructor: Karen Kelly
Member Fee: 110.00	In-person - C0905.1	Online - Z0905.1
Thursday 4/30/2026-7/16/2026	11:00AM-12:00PM	Instructor: Karen Kelly
Member Fee: 110.00	In-person - C0905.2	Online-Z0905.2

Fitness: Strong Body Strong Bones- (Mon & Weds) MB

Come join Strong Body & Strong Bones Mon (10-week class) ****NO CLASS 5/25,6/22**** Weds (8-week class) Exercise strengthens bones and muscles and improves balance, coordination, and flexibility, key for people with osteoporosis and osteopenia incorporates light aerobics and weight exercises designed to improve strength, balance, and flexibility. We will use weights and a playground ball. While at home, you can also use water bottles or a small pillow

Monday 4/27/2026-7/13/2026	11:00AM-12:00PM	Instructor: Karen Kelly
Member Fee: 100.00	In-person - C6643.1	Online-Z6643.1
Wednesday 4/29/2026-6/17/2026	11:00AM -12:00PM	Instructor: Karen Kelly
Member Fee: 80.00	In-person- C5105.1	Online-Z5105.1

Games: Learn to Play Mah Jongg - INTERMEDIATE BEGINNER MB (C9905.2)

*Prerequisite is the BEGINNER workshop or must have some playing experience. Trina will fine tune the fundamentals, skills and strategies of Mah Jong and then facilitate the game as you play. Bring your Mah Jong cards for this 6-week class. CLASS LIMITED TO 12.

Wednesday 4/29/2026-6/3/2026	10:30AM-12:30PM	Instructor: Trina Colford
Member Fee: 75.00	C9905.2	

Games: Learn to Play Mah Jongg -BEGINNER- MB (C9905.1)

Come join this 6-week workshop with Trina Colford who has been playing Mah Jong since the age of 7. Trina will teach you the fundamentals, skills and strategies of Mah Jong and then facilitate as you play. The workshop is geared for beginners or players who need to brush up on their skills. 2026 cards will be available to buy directly from the instructor. CLASS LIMITED TO 12.

Wednesday 4/29/2026-6/3/2026	1:00PM-3:00PM	Instructor: Trina Colford
Member Fee: 75.00	C9905.1	

Games: Backgammon - BOSCOV'S (C9907.1)

Come join this 5-week workshop of learning the ins and outs of Backgammon with SCAN's very own Dean Becca who has been playing and teaching the game for many years. Dean will teach you the fundamentals, skills and strategies of Backgammon and then facilitate as you play. Come and join the fun! Class is LIMITED TO 10.

Wednesday 4/29/2026-5/27/2026	10:15AM-11:30AM	Instructor: Dean Becca
Member Fee: 15.00	C9907.1	

Games: Canasta **NEW****- MB (C9908.1)**

A beginner canasta class is a fun and engaging introduction to this popular card game. Perfect for those with little to no experience, the class covers the basics of gameplay, including rules, scoring, and simple strategies to help you get started with confidence. Lisa Dechirico, a skilled Canasta Player, will teach the essential skills step-by-step, guiding you through forming melds, understanding the flow of the game, and building your strategy. Whether you're looking to challenge your mind or enjoy a social activity, this 4-week class offers a welcoming environment to learn, practice, and have fun.

Tuesday 6/2/2026-6/23/2026	10:00AM-12:00PM	Instructor: Lisa Dechirico
Member Fee: 25.00	C9908.1	

Health: Support Group: Navigating Grief (9906.3)

Join a monthly support group to learn what it means to grieve, the steps of grief, how unique the experience can be and how you may respond to grief using healthy coping strategies. Grief is universal and can be the result of a loved one dying, divorce, the loss of a job or home, the end of a relationship, as well as other losses or life changes.

REGISTER FOR EACH SESSION SEPARATELY.

Tuesday 1:30PM-2:30PM 5/12/2026; 6/9/2026; 7/14/2026 In-person – C9906.1
 FREE & Open to the Public. Presented by: Ascend Hospice & Palliative Care

History: The Fun and Hidden Secrets that changed the United States and the World! *NEW* (C9800.1) Boscov's

What if history had a backstage? Join us for a fast-paced, fascinating ride through the hidden side of history—the secrets, surprises, and “wait...that really happened?” moments that shaped the world. Each week, we pull back the curtain on a brand-new topic filled with intrigue, humor, and unexpected twists brought vividly to life through mystery, humor, and unforgettable storytelling. Guided by author, actor, and playwright David J.V. Meenan, this lively, story-driven hour turns history into an experience you won't forget. Secrets revealed. Mysteries uncovered. History—finally entertaining.

Monday 4/27/2026-7/13/2026 1:30PM-2:30PM Instructor David J.V.Meenan
 Member Fee:105.00 C98001.1 10 weeks No Class 5/25, 6/1

Languages: Advance Beginner Spanish MB (C1405.1)

Do you speak some Spanish? In this 12-week class, you will build on knowledge gained in the Beginner Spanish class, or in other Spanish classes you might have attended. You should know basic structures like present tense and basic vocabulary. Most of all, you will have fun learning authentic communication in a supportive setting.

Wednesday 4/29/2026-7/15/2026 1:00PM-2:00PM Instructor: Richard Sorrentino
 Member Fee 108.00 In- person – C1405.1 Online – Z1405.1

Languages: Advanced Beginner Italian MB (C6670.2)

Have you always wanted to learn Italian, perhaps to converse with natives on your next trip to Italy, or maybe just as a hobby to stay active? Benvenuto! In this 11-week class (NO CLASS 5/25) we will have basic conversations on an elementary level in everyday language. You will have fun learning authentic communication in a supportive atmosphere.

Monday 4/27/2026-7/13/2026 11:30AM-12:30PM Instructor: Richard Sorrentino
 Member Fee: 99.00 In-person – C6670.2 Online – Z6670.2:

Languages: Spanish Conversation ZZ (Z1406.1)

¿Habla Espanol? Spanish Conversation is a gathering of Spanish speakers at an intermediate level. This 12-week class Students will have a command of basic grammar and vocabulary with communication in authentic, everyday language as our goal. We will cover a wide range of topics based on the experiences of the students themselves: family, travel, food and anything else of common interest to the group. Online Only

Tuesday 4/28/2026-7/14/2026 1:00PM-2:00PM Instructor: Richard Sorrentino
 Member Fee: 108.00 Online – Z1406.1

Languages: Italian Conversation ZZ (Z1425.1)

Italian Conversation is a gathering of Italian speakers at an intermediate level. Students will have a command of basic grammar and vocabulary with communication in authentic, everyday language as our goal. We will cover a wide range of topics in this 11-week class (21 CLASS SESSIONS) based on the experiences of the students themselves: family, travel, food and anything else of common interest to the group. No class 5/25, 6/19, 7/3.

Monday & Friday 4/27/2026-7/17/2026 1:30PM-2:30PM Instructor: Richard Sorrentino
 Member Fee: 179.00 Online – Z1425.1

Literature: Classic Literature-BOSCOV'S (C1511.1)

Join our 12-week literature group and discover why reading and discussing great literature is a unique way of understanding history while adding to your personal literary wealth. The class discussions provide a deeper understanding of literature as well as a sense of personal enrichment. office.

Wednesday: 4/29/2026-7/15/2026 12:15-1:45 Instructor: Flora Higgins
 Member Fee: 108.00 C1511.1

Music: Jack's Jazz Radio Hour MB (C0701.1)

Come and listen to some of the greatest music ever recorded with wonderful behind the scenes stories told by Jack Livingstone, Monmouth County's favorite "Jazz Man." Each week, for 12 weeks, you will enjoy yourself and learn about different vocalists and composers.

Wednesday 4/29/2026-7/15/2026 10:00AM-11:30AM Instructor: Jack Livingstone
FREE AND OPEN TO THE PUBLIC In-person C0701.1 Online Z0701.1

Music: Karaoke - Sing Like the Star You Are! BOSCOV'S (C9419.1)

Ready to take your shower singing to the next level and let your voice shine? Join this exciting 11-week class and build confidence while learning valuable vocal tips and techniques from professional voice and singing teacher David J.V. Meenan, whose students have gone on to perform on Broadway, television, and in Hollywood films. You'll work on your favorite karaoke songs, discover new ones, and develop your unique sound in a fun, supportive environment. Whether you're a beginner or a seasoned singer, this no-judgment class is the perfect place to grow and perform with confidence.

Thursday 4/30/2026-7/16/2026 2:30PM-3:30PM Instructor: David J.V. Meenan
Member fee 143.00 C9419.1 NO CLASS 6/4

Special Events: Chocolate and Wine Tasting-MB

Chocolate and Wine Tasting! Find out why chocolate was once considered the food of the gods and is now loved and craved universally by mere mortals. This is a delicious opportunity to sample several varieties of chocolate following a special tasting protocol and understand what makes each of them unique. We'll also sample wines that pair well with each chocolate. We will discuss the health benefits of dark chocolate and learn how we can indulge ourselves guilt free.

Thursday 5/7/2026-5/7/2026 1:00PM-2:00PM Facilitators: Staff Free and open to the public

Special Events: Wellness Initiative for Senior Education- MB

The WISE educational program offers six weeks of lessons that cover a wide range of topics. Join us for this fun program, where you'll meet new people. Some topics will include Learn about the aging process and how to make healthy lifestyle choices Celebrate this exciting stage of life and all the benefits that come with it Discuss risk factors and behaviors you should avoid to stay healthy Lite Snacks included Free and open to the public. Registration Required

Friday 5/1/2026-6/5/2026 11:00AM-1:00PM Free and Open to the Public

Special Events: Corn Hole MB

Corn Hole sponsored by Braven Health at SCAN. Free and Open to the public. Registration Required

Friday 1:00PM 5/29/2026-5/29/2026

Special Events: Brain Health Fair- Toms River June 17 Location TBD

Wednesday 6/17/2026-6/17/2026 10:00AM-12:30PM REGISTRATION REQUIRED

Free and Open to the Public

Special Events: Senior Expo & Fashion Show 5/15- St. George Greek Orthodox Church

St. George Greek Orthodox Church 1033 W Park Ave, Ocean Township, NJ 07712 **REGISTRATION REQUIRED**

Wednesday 5/15/2026-5/15/2026 11:00AM-3:00PM

Free and Open to the Public

Special Events: Cooking Demo at The Livewell Center

Cooking Demo at the LiveWell Center This program takes place at the LiveWell Center in Eatontown (200 Wyckoff Rd, Suite 1200, Eatontown, NJ, 07724).

Wednesday 6/3/2026-6/3/2026 1:00PM Registration Required

Special Events: Brain Health Fair- Church of the Precious Blood-April 23

Church of the Precious Blood 72 Riverdale Avenue, Monmouth Beach

REGISTRATION REQUIRED

Thursday 4/23/2026-4/23/2026 10:00AM-12:30PM

Free and Open to the Public



Please Join Us!
2026 SCAN Lunch & Learn Series
 Informative Presentations -- Community Resources
 Socialization & Lunch

<p align="center">Monmouth Beach Location</p> <p>Church of the Precious Blood/ Parish Hall / Behind the Church 72 Riverdale Ave Monmouth Beach May 21, June 25, July 16 Time: 10:30am-1pm <i>Please bring a non-perishable item for the food pantry at St. Dorothea's.</i></p>	<p align="center">Toms River Location Toms River Senior Center*</p> <p>652 Garfield Ave, Toms River May 20 Time: 11:30am-2pm</p>	<p align="center">Ocean Township Location</p> <p>St. George Greek Orthodox Church 1033 West Park Ave Ocean Township May 6, June 10 Time: 10:30am-1pm</p>
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**Register for Lunch & Learn Series at www.scannj.org
 under FREE Public Events.**



SCAN's Benefit Enrollment Center

The BEC connects Medicare beneficiaries and disabled adults of limited income to the benefits they are entitled to receive.

These benefits can represent a savings of hundreds of dollars per month!

SCAN's BEC screens for eligibility and provides application assistance and referrals for:

**Medicare & Prescription Savings Programs
 SNAP (Food Stamps) | Energy Assistance | Transportation & more!**

Call a Benefit Specialist today at **732-587-5906** for a **FREE** eligibility screening.

2026 Spring/Summer Registration Form

LAST NAME: _____ FIRST NAME: _____

ADDRESS: _____

CITY, STATE, ZIP: _____

PRIMARY PHONE: _____ EMAIL: _____

- EMAIL address is **REQUIRED** to take online classes and virtual events.
- _____ Please initial that you have been cleared by your physician to take Fitness Classes with SCAN and that you do not hold SCAN or the Instructors liable.

****You must register for a class or workshop at least one week prior to the start date.****



- Payment in full is required at registration.
- A 3% fee will be added to all credit card charges.
- We do not pro-rate fees for classes.
- Membership fees and class fees are non-refundable.
- At our discretion, a credit may be issued and must be used within 1 year.

CODE	TITLE	DAY	TIME	TUITION
	<input type="checkbox"/> May 6 <input type="checkbox"/> May 10 — L&L St George Greek Church, Ocean Twnshp, 10:30am-1:00pm Open to the Public CIRCLE "FREE" & SELECT DATES TO REGISTER			FREE
	<input type="checkbox"/> May 21 <input type="checkbox"/> June 25 <input type="checkbox"/> July 16 — Lunch & Learn at Monmouth Beach, 10:30am-1:00pm Open to the Public CIRCLE "FREE" & SELECT DATES TO REGISTER			FREE
	June 17 — Brain Health Fair Toms River, 10:00am-12:30pm (location TBD) Open to the Public CIRCLE "FREE" TO REGISTER			FREE
	<input type="checkbox"/> April 29 <input type="checkbox"/> May 20 — Lunch & Learn at Toms River Senior Center, 11:30am-2:00pm Open to the Public CIRCLE "FREE" TO REGISTER			FREE

	<p>Thank you for your donation. We hope you are receiving value in SCAN's programming.</p>	<p>TOTAL FEES \$</p> <p>_____ \$25</p> <p>_____ \$10</p> <p>_____ \$5</p> <p>_____ \$</p>
TOTAL DUE		\$

**Mail Completed Registration Form with Check Payable to SCAN:
PO Box 9, Monmouth Beach, NJ 07750 ~ Tel: 732.542.1326 ~ www.scannj.org**

VISA MasterCard Card # _____ Exp Date: _____ Security # _____

Billing address on Card _____

SIGNATURE: _____ DATE: _____

SCAN OFFICE USE ONLY
Date received: _____
Date entered in SF: _____
Date entered in QB: _____

New Physical Address

Church of the Precious Blood/Parish Hall
72 Riverdale Ave
Monmouth Beach, NJ 07750

New Mailing Address

PO Box 9, Monmouth Beach, NJ 07750
Hours: Monday-Friday 9:00AM-4:00PM
732-542-1326 / www.scannj.org

**2026 Spring//Summer
Semester
ONLINE & INPERSON
Classes begin April 27, 2026**

