

**Monmouth Mall**  
**180 Highway 35 South**  
**Eatontown, NJ 07724**  
732-542-1326  
[www.scannj.org](http://www.scannj.org)  
Monday-Friday 9:00AM-4:00PM



*Senior Citizens Activities Network (SCAN) serves the 55+ community in Monmouth and Ocean Counties enriching their lives with programming to promote healthy lifestyles, continuing education, and access to community and economic resources to keep them active, healthy, and connected.*

Dear SCAN Members & Friends,

It's amazing how in a blink of an eye, we quickly transition from blistering hot weather back to the subtle shadows and brightly colored foliage of autumn. But while we may miss the warmth of summer, the onset of Fall brings an entirely new set of new programs, classes and workshops here at SCAN. Let's finish 2024 strong together! Take a new class or learn a new language or dive deeper into your yoga practice this semester! Check out the amazing lineup of in-person and virtual workshops, lunch and learns, classes, and much, much, more inside this issue of SCAN's 2024 Fall Semester Class & Event Listing.

### **An Update on Monmouth Mall**

Monmouth Mall management has decided to accelerate the renovation process of the property, but SCAN will remain open and continue to use Mall Entrance #3. As a result of the accelerated renovation, the interior of Monmouth Mall will be completely closed to the public starting mid-August. There will be no access to the food court or any of the interior stores. All businesses with exterior entrances, such as Macy's, Boscov's, AMC Theatre, LensCrafters, Buffalo Wild Wings and Barnes & Noble will continue to remain open.

### **SCAN Golf Classic**

On Monday July 15, SCAN held its 3rd Annual Golf Classic at the fabulous Eagle Oaks Country Club, in Farmingdale, NJ. Eighty-six golfers, dinner guests, volunteers and the SCAN staff braved the hot and steamy conditions to help raise over \$60,000 for SCAN. Thank you to Stillwell-Hansen our event sponsor, the amazing SCAN GOLF Committee led by Adrienne Nittolo, the SCAN Board of Directors, and all our sponsors, players and volunteers for making this a great day for SCAN.

I wish you all an amazing August – take advantage of every moment of summer! I look forward to seeing you all back here in the Fall. Thank you all so much for your support of SCAN.

Best regards,

Mike Ciavolino - Executive Director

## **SCAN's 36th Annual Leaders of Distinction Luncheon**

November 12<sup>th</sup> at Eagle Oaks Country Club

11:30am-2:30pm



Beautiful setting for lunch & conversation with fellow SCAN Members, SCAN Sponsors & Supporters. Gift raffle baskets & 50/50. We hope you will join us.

## **Meet The Healthcare Professionals**

November 14<sup>th</sup> from 11:30am-12:30pm

with Grab & Go Lunch



at LiveWell Center at the Anne Vogel Family Care & Wellness Center  
200 Wyckoff Road, Eatontown

**REGISTRATION REQUIRED. NO WALKS IN. In-person – C9300.1 Online – Z9300.1**

Thank you to our Benefactor, **Monmouth Mall**, and to all our Annual Sponsors.

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# 2024 Fall Semester In-Person & Online Classes and Event Schedule

**September 9 to December 6**  
**SCAN will be closed November 12, 28 & 29.**

**SCAN Membership is \$25 and Annual Renewal is \$20.**

## **Acting: The Art & Fun of Acting & Improv**

Come have a great time in this 13-week class learning the skills used for acting for stage and screen, and why improvisation is not just about comedy and performing, BUT a way to live life with more confidence and positivity. Professional director and acting coach David J.V. Meenan has students currently in Broadway shows, on television, and in Hollywood movies. It's never too late to start an acting career. Discover the ins and outs of the business and how to get started, while working on original scenes written for the class.

*Monday 10:00AM-11:30AM*

*9/9/2024-12/2/2024*

*Instructor: David J.V. Meenan*

*Member Fee: 156.00*

*In-person – C6611.1*

## **Art: Introduction to Drawing – Part IV**

This 8-week class is a continuation of Introduction to Drawing III. Join us as we continue to explore drawing which will include continuation of animal's body, movement and environment. We will also be exploring perspective. **CLASS MINIMUM IS 8.**

*Friday 10:00AM-12:00PM*

*9/13/2024-11/1/2024*

*Instructor: Lorena Vera Artist/Certified Art Teacher*

*Member Fee: 184.00*

*In-person – C9901.1*

## **Art: Pastel for the Intermediate Beginner**

**Pre-requisite for this class is Introduction to Drawing or Fundamentals of Art for the Beginner.**

Join this 8-week class **with all art supplies provided** to learn how to create amazing effects with pastel. We will explore landscapes, trees and color schemes for effect on mood. Our final project will explore composition and create a landscape from reference photos.

*Friday 12:30PM-2:30PM*

*9/13/2024-11/1/2024*

*Instructor: Lorena Vera, Artist/Certified Art Teacher*

*Member Fee: 184.00\*\*PLEASE REGISTER WITHOUT PAYMENT UNTIL CLASS MINIMUM IS MET*

*In-person – C9100.1*

## **Art: Fundamentals of Art for the Beginner**

Join this 8-week class **with all art supplies provided**, just bring yourself, and take this journey to learn the fundamentals of art while exploring the benefits of art as we age. Learn to draw in Weeks 1 and 2 by exploring shapes, forms and shading which leads to transforming shapes into objects. Weeks 3 and 4 include brush techniques, color theory and color mixing. Week 5 covers drawing and the study of a still life, with the final three weeks of class focused on your acrylic painting of the still life on canvas.

*Tuesday 10:00AM-12:00PM*

*9/10/2024-10/29/2024*

*Member Fee: 190.00 \*\*PLEASE REGISTER WITHOUT PAYMENT UNTIL CLASS MINIMUM IS MET*

*In-person – C9000.1*

## **Comedy/Writing: Stand-Up Comedy & Comedy Writing** **RETURNS**

People with stage fright welcome! This fun 8-week class will help you learn how to utilize your own unique personal stories to create jokes that stand out in all audiences. Discover how to transform your natural humor into a comedic structure and build it into an amazing 5-minute set. If getting up in front of people is not your thing, you will also learn how to write jokes and sketches too.

No experience needed at all. This is a fun, supportive environment for crafting your stage-presence.

*Monday 11:30AM-12:30PM*

*10/14/2024-12/2/2024 \*\*note start date*

*Instructor: David J.V. Meenan*

*Member Fee: 76.00 \*\*PLEASE REGISTER WITHOUT PAYMENT UNTIL CLASS MINIMUM IS MET*

*In-person – C9420.1*

## **Cooking/Nutrition: Healthy Eating in Under 20 Minutes** **NEW**

Is cooking a drag? We've got the solution! No need to spend hours in the kitchen preparing healthy meals.

Come to SCAN and watch Seabrook Senior Living's Dining Team prepare a healthy meal in 20 minutes right before your eyes.

*Thursday 1:00PM-2:00PM*

*9/12/2024*

*In-person – C9910.1*

*FREE & Open to the Public. REGISTRATION IS REQUIRED.*

*Presented by: Seabrook Senior Living*

## **Cooking/Nutrition: Whole Grain Harvest with Quinoa** **NEW**

Join us at the LiveWell Center at the Anne Vogel Family Care & Wellness Center (200 Wyckoff Rd, Suite 1200, Eatontown, NJ) for a cooking demonstration or join us online. Quinoa is a whole grain that is healthy, hearty, and gluten-free! Join our registered dietitian to learn to prepare this nutritious and versatile grain.

*Wednesday 1:30PM-2:15PM*

*10/2/2024*

*In-person – C9420.1 (Limited to 18)*

*Online – Z9420.1*

*FREE - SCAN Member Benefit*

*Presented by: Monmouth Medical Center*

## Dance: Dance for Fitness

Come join this 12-week class and experience how dancing is a great way to strengthen bones and muscles, maintain a healthy weight, improve balance, and stay healthy in general. Dance for Fitness will incorporate aerobic moves like grapevine and knee lifts along with dance moves like the mambo and cha-cha, using current music and familiar oldies. So much fun it will hardly feel like exercise!

Monday 2:00PM-3:00PM

9/9/2024-11/25/2024

Instructor: Karen Kelly

Member Fee: 78.00 **\*\*PLEASE REGISTER WITHOUT PAYMENT UNTIL CLASS MINIMUM IS MET**

**In-person – C6643.1**

## Dance: Beginner Tap Dance

Fun for everyone who ever had a dream of learning all the basic steps and Broadway routines while having fun at the same time. No experience needed, just an open mind, a sense of humor and some tap shoes. This 14-week class will take place at **DanceMixx Studio at 31 Park Road, Tinton Falls.**

Thursday 12:00PM-1:00PM

9/12/2024-12/19/2024 (no class 11/28)

Instructor: David J.V. Meenan

Member Fee: 189.00

**In-person – C9902.1**

## Dance: Intermediate Tap Dance

Time to brush off those shoes, and get back into your Time Steps, Maxi Fords, Cramp Rolls, and learn some new steps as well. Class will be taught by Guinness Book World Record Holder in Tap, David J.V. Meenan, who has been teaching adults for years. This 14-week will take place at **DanceMixx Studio at 31 Park Road, Tinton Falls.**

Thursday 1:00PM-2:00PM

9/12/2024-12/19/2024 (no class 11/28)

Instructor: David J.V. Meenan

Member Fee: 189.00

**In-person – C9903.1**

## Fitness: Tai Chi Easy

Tai Chi Easy program is easy to learn and promotes health, vitality and inner peace and can be done by anyone sitting or standing. This 10-week **online** class consists of movements from simple Qigong, including four essential energy cultivation methods: postural alignment and gentle movement; breath practice; self-applied massage; and relaxation, visualization, and meditation practices.

Monday 12:00PM-1:00PM

9/16/2024-11/25/2024 (no class 10/14)

Instructor: Bill Stevens

Member Fee: 65.00

**Online ONLY – Z0891.1**

## Fitness: Strength & Stretch

This 12-week class will focus on stretching, strengthening and flexibility to improve your posture, range of motion and balance. This class will incorporate light weights and bands for strengthening and simple yoga moves for balance and flexibility.

Monday 12:45PM-1:45PM

9/9/2024-11/25/2024

Instructor: Karen Kelly

Member Fee: 78.00

**In-person – C5105.1**

**Online – Z5105.1**

## Fitness: Strong Body Strong Bones

Exercise strengthens bones and muscles and improves balance, coordination, and flexibility, key for people with osteoporosis and osteopenia. This 12-week class incorporates light aerobics and weight exercises designed to improve strength, balance, and flexibility. We will use weights and a playground ball. While at home, you can also use water bottles or a small pillow.

Tuesday 11:00AM-12:00PM

9/10/2024-12/3/2024 (no class 11/12)

Instructor: Karen Kelly

Member Fee: 78.00

**In-person - C0905.1**

**Online - Z0905.1**

Thursday 11:00AM-12:00PM

9/12/2024-12/5/2024 (no class 11/28)

Member Fee: 78.00

**In-person - C0905.2**

**Online - Z0905.2**

## Fitness: Beginner/Gentle Floor Yoga

For the beginner who has never taken a yoga class and is not familiar with yogic breathing techniques or this is a great 13-week class to introduce yourself back to yoga if you haven't practiced for many years. If you have limited range of motion or an injury that limits mobility, you will learn how to adapt the poses so you can practice with ease and still get the full benefits of yoga. We will strengthen and support the practice of moving from the floor to standing poses. Two yoga blocks, a yoga blanket (throw blanket), and yoga strap (rope, tie, or scarf) are mandatory for this class and are all available on site for in-person classes.

Wednesday 10:15AM-11:15AM

9/11/2024-12/4/2024

Instructor: Maria DiSanti

Member Fee: 85.00

**In-person - C6676.1**

**Online - Z6676.1**

Friday 10:15AM-11:15AM

9/13/2024-12/6/2024 (no class 11/29)

Member Fee: 78.00

**In-person – C6676.2**

**Online – Z6676.2**

## Writing For Results

Everything you write has an audience and a purpose. Join this 90-minute educational and entertaining workshop about the art and science of effective writing. Everyone can learn to get better results from written communication from an office memo to a Dear John letter. Almost all writing is a sales job. This workshop provides the tools for negotiation. This workshop covers the following: Purpose and audience, getting started, the process, the building blocks of effective writing, editing and revision. The workshop is presented by Flora Higgins whose poems, essays, and literary criticism are published in distinguished journals. **LIMITED TO 20.**

Thursday 10:00AM-11:30AM

9/19/2024

SCAN Members: 12.00 / Non-Members: 20.00

**In-person – C9912.1**

Instructor: Flora Higgins

## **Fitness: Intermediate/Advanced Floor Yoga**

Basics will not be covered in this 13-week class. Knowledge and experience of yoga postures (asana) and basic knowledge of breathing techniques (e.g., 3-part yoga breathe) pranayama is required. Some understanding of how to use props for any postures that might be challenging for you is a plus. Moving from the floor to standing easefully is also essential. This is still a slower-paced class with holding postures for strength. Two yoga blocks, a yoga blanket (or throw blanket), and yoga strap (rope, tie, or scarf) are mandatory for this class and are all available on site for in-person classes.

Wednesday 9:00AM-10:00AM

9/11/2024-12/4/2024

Instructor: Maria DiSanti

Member Fee: 85.00

**In-person - C0860.1    Online - Z0860.1**

Friday 9:00AM-10:00AM

9/13/2024-12/6/2024 (no class 11/29)

Member Fee: 78.00

**In-person - C0860.2    Online - Z0860.2**

## **Fitness: Chair Assisted Yoga**

Gentle movements that anyone can practice sitting on a chair or standing with the support of the chair. You receive all the benefits of yoga while supported by a chair. Practice yoga breathing techniques that strengthen the lungs, improve circulation and promote a calm mind. Strengthen the muscles, improve all the systems of the body, increase range of motion and much more in this 13-week class.

Wednesday 11:30AM-12:30PM

9/11/2024-12/4/2024

Instructor: Maria DiSanti

Member Fee: 85.00

**In-person - C0861.1    Online - Z0861.1**

Friday 11:30AM-12:30PM

9/13/2024-12/6/2024 (no class 11/29)

Member Fee: 78.00

**In-person - C0861.2    Online - Z0861.2**

## **Games: Learn to Play Mah Jongg – Beginner**

Come join this 6-week workshop with Trina Colford who has been playing Mah Jongg since the age of 7. Trina will teach you the fundamentals, skills and strategies of Mah Jongg and then facilitate as you play. The workshop is geared for beginners or players who need to brush up on their skills. **CLASS LIMITED TO 12.**

Wednesday 1:30PM-3:30PM

10/16/2024-11/20/2024

**In-person – C9905.1**

Instructor: Trina Colford

Member Fee: 75.00 (includes \$15 Mah Jongg card) **\*\*PLEASE REGISTER WITHOUT PAYMENT UNTIL CLASS MINIMUM IS MET**

## **Games: Learn to Play Mah Jongg – Intermediate Beginner** ✨ **NEW**

\*Prerequisite is the BEGINNER workshop or must have some playing experience. Trina will fine tune the fundamentals, skills and strategies of Mah Jongg and then facilitate the game as you play! Bring your Mah Jongg card. **CLASS LIMITED TO 12.**

Wednesday 10:30AM-12:30PM

10/16/2024-11/20/2024

Instructor: Trina Colford

Member Fee: 60.00 **\*\*PLEASE REGISTER WITHOUT PAYMENT UNTIL CLASS MINIMUM IS MET**

**In-person – C9905.2**

## **Health & Wellness: Support Group – Navigating Grief of All Kinds** ✨

Join a monthly support group to learn what it means to grieve, the steps of grief, how unique the experience can be and how you may respond to grief using healthy coping strategies. Grief is universal and can be the result of a loved one dying, divorce, the loss of a job or home, the end of a relationship, as well as other losses or life changes. **REGISTER FOR EACH SESSION SEPARATELY.**

Tuesday 1:30PM-2:30PM    9/17/2024; 10/15/2024; 11/19/2024; 12/10/2024

**In-person – C9906.1**

FREE - SCAN Member Benefit

Presented by: Ascend Hospice & Palliative Care

## **Health & Wellness: Lifestyle Awareness for Cardiac & Stroke Prevention** ✨

Come join Encompass Health's healthcare team to learn about heart and brain healthy meal planning to prevent stroke and cardiac illness, as well as a seated movement activity led by the Encompass Stroke Program Team.

Thursday 1:00PM-2:00PM

10/10/2024

**In-person – C9917.1**

FREE & Open to the Public. **REGISTRATION REQUIRED.**

Presented by: Encompass Health Rehabilitation Hospital

## **Health & Wellness: Bullying in Older Adults** ✨ **NEW**

The topic of bullying is often discussed in the media, but did you know bullying exists amongst older adults? Come learn about different types of bullying, characteristics of a bully and a victim, signs of bullying, as well as consequences and prevention. Your attendance can benefit you or a loved one, either now or in the future.

Monday 1:00PM-2:00PM    9/23/2024

**In-person – C9600.1**

Presented by: BravenHealth

FREE & Open to the Public. **REGISTRATION REQUIRED.**



## **Declutter & Get Organized 101**

September 24<sup>th</sup> from 1:00-2:00PM

Presented by Amy Sharpe, Seabrook Senior Living

**FREE & Open to Public. REGISTRATION REQUIRED.    C9916.1**

## Health & Wellness: Fall Prevention & Screenings **NEW**

Join our rehabilitation experts as they discuss ways to prevent falls in and out of the home, as well as ways you can identify challenges and potential risk for falls. Balance screenings will be offered before and after the lecture.

*Thursday 12:30PM-2:00PM 10/17/2024 In-person – C9913.1 Presented by: Hackensack Meridian Health  
FREE & Open to the Public. REGISTRATION REQUIRED.*

### **Languages: Intermediate French**

A basic understanding of everyday French vocabulary and basics of French grammar is required for this 6-week class.

*Tuesday 10:30AM-12:00PM 9/10/2024-10/15/2024 Instructor: Lawrence Pergola  
Member Fee: 65.00 In-person – C6648.1*

### **Languages: Beginner Italian I**

Have you always wanted to learn Italian, perhaps to converse with natives on your next trip to Italy, or maybe just as a hobby to stay active? Benvenuto! Welcome to Beginner Italian I! In this 13-week class, we will have basic conversations on an elementary level in everyday language. Topics will include talking about where you are from, what you like to do, your family, food, weather, and other topics of common interest to the group. Most of all, you will have fun learning authentic communication in a supportive atmosphere.

*Monday 10:00AM-11:00AM 9/9/2024-12/2/2024 Instructor: Richard Sorrentino  
Member Fee: 85.00 In-person – C6670.1 Online – Z6670.1*

### **Languages: Beginner Italian II**

Have you always wanted to learn Italian, perhaps to converse with natives on your next trip to Italy, or maybe just as a hobby to stay active? Benvenuto! Welcome to Beginner Italian II! In this 13-week class, we will have basic conversations on an elementary level in everyday language. Topics will include talking about where you are from, what you like to do, your family, food, weather, and other topics of common interest to the group. Most of all, you will have fun learning authentic communication in a supportive atmosphere.

*Monday 11:30AM-12:30PM 9/9/2024-12/2/2024 Instructor: Richard Sorrentino  
Member Fee: 85.00 In-person – C6670.2 Online – Z6670.2*

### **Languages: Advanced Beginner Italian**

Parla un po' d'italiano? Do you speak some Italian? In this 12-week class, you will build on knowledge gained in the Beginner Italian class, or in other Italian classes you might have attended, at SCAN or in a school setting. You should know basic structures like present tense and basic vocabulary in the topics mentioned above in the description of Beginning Italian.

*Thursday 1:00PM-2:00PM 9/12/2024-12/5/2024 (no class 11/28) Instructor: Richard Sorrentino  
Member Fee: 78.00 In-person – C1427.1 Online – Z1427.1*

### **Languages: Italian Conversation**

Italian Conversation is a gathering of Italian speakers at an intermediate level. Students will have a command of basic grammar and vocabulary with communication in authentic, everyday language as our goal. We will cover a wide range of topics in this 13-week class based on the experiences of the students themselves: family, travel, food and anything else of common interest to the group.

*Monday & Friday 1:30PM-2:30PM 9/9/2024-12/6/2024 Instructor: Richard Sorrentino  
Member Fee: 125.00 Online Only – Z1425.1*

### **Languages: Beginner Spanish**

Spanish is the most important word language spoken in our country today. In this 12-week class, you can start from scratch or brush up on the Spanish you learned in high school or college. The class atmosphere is relaxed and fun. Everyone will be encouraged to speak, with grammar and vocabulary exercises as needed. ¡Mucho gusto!

*Thursday 11:30AM-12:30PM 9/12/2024-12/5/2024 (no class 11/28) Instructor: Richard Sorrentino  
Member Fee: 78.00 In-person – C6660.1 Online – Z6660.1*

### **Languages: Advanced Beginner Spanish**

Do you speak some Spanish? In this 13-week class, you will build on knowledge gained in the Beginner Spanish class, or in other Spanish classes you might have attended, at SCAN or in a school setting. You should know basic structures like present tense and basic vocabulary. Most of all, you will have fun learning authentic communication in a supportive setting.

*Wednesday 1:00PM-2:00PM 9/11/2024-12/4/2024 Instructor: Richard Sorrentino  
Member Fee: 85.00 In-person – C1405.1 Online – Z1405.1*

## Languages: Spanish Conversation

¿Habla español? Spanish Conversation is a gathering of Spanish speakers at an intermediate level. Students will have a command of basic grammar and vocabulary with communication in authentic, everyday language as our goal. We will cover a wide range of topics based on the experiences of the students themselves: family, travel, food and anything else of common interest to the group.

Tuesday 1:00PM-2:00PM

9/10/2024-12/3/2024 (no class 11/12)

Instructor: Richard Sorrentino

Member Fee: 78.00

Online – Z1406.1

## Literature: Classic Literature

Join our 12-week literature group and discover why reading and discussing great literature is a unique way of understanding history while adding to your personal literary wealth. The class discussions provide a deeper understanding of the literature as well as a sense of personal enrichment. For information regarding the book selection, please contact the SCAN office.

Friday 10:00AM-11:30AM

9/13/2024-12/6/2024 (no class 11/29)

Instructor: Flora Higgins

Member Fee: 84.00

In-person – C1511.1

## Music: Jack's Jazz Radio Hour

Come listen to some of the greatest music ever recorded with wonderful behind-the-scenes stories told by Jack Livingstone, Monmouth County's favorite "Jazz Man." Each week you will enjoy yourself and learn about different vocalists and composers.

Wednesday 10:00AM-11:30AM

9/11/2024-12/4/2024

Instructor: Jack Livingstone

Member Fee: 20.00

In-person – C0701.1 Online – Z0701.1

## Music: Karaoke - Sing Like The Star You Are!

It's time to take your shower singing to the next level and show off those amazing vocals! Are you ready to shine like a star? Join this 8-week class while learning vocal tips and techniques from a professional voice and acting teacher. Work on your favorite Karaoke songs and learn some new ones, too. Beginners and seasoned singers are all welcome in this "No Judgment Zone."

Wednesday 1:00PM-2:30PM

9/11/2024-10/30/2024

Instructor: David J.V. Meenan

Member Fee: 96.00

In-person – C9419.1

## Technology: iPhone & iPad Features & Apps for Daily Living NEW

Each workshop is a stand-alone, so you can register for all of them or just the workshop that fits your needs. An open review session for all participants is also included on November 20 from 1:00-2:30PM.

9/18 – Using Apps & Widgets

In-person - C8802.1

10/9 – Music & Book Apps (listening & reading)

In-person - C8803.1

10/23 – Screenshots & Screen Captures (creating & sharing)

In-person - C8804.1

11/6 – Apple Pay, Apple Cash & Wallet (setup & using)

In-person - C8801.1

Wednesday 1:00PM-2:00PM

Instructor: Bobby Tyler

Member Fee: 10.00 per workshop (Limited to 8 students per workshop)

## Special Interest: Getting Long-Term Care Planning Right NEW

Have you thought about your long-term care? Join this workshop to learn about smart approaches for long-term care planning for people at all stages because planning for a safe and secure retirement should include discussions involving long-term care.

Tuesday 12:30PM-1:30PM

9/30/2024

Instructor: Thomas Duffy, Jersey Shore Financial Advisors

FREE - SCAN Member Benefit

In-person – C9914.1

## Special Interest: Savvy Cyber Security NEW

Join this workshop to determine if you are as protected as you could be from cyber security risk. Learn ways to protect yourself with the proper use of your email address, two-factor authentication, financial alerts, credit checks, identifying suspicious emails and more.

Thursday 1:00PM-2:00PM

10/24/2024

Instructor: Thomas Duffy, Jersey Shore Financial Advisors

FREE & Open to the Public. Registration Required

In-person – C9915.1

## Television & Film: TV & Film Production

In this 13-week class, learn the process of putting a TV show, documentary, or feature film together from a National award-winning producer/director and filmmaker Robin Kampf. Learn all about the exciting phases of television production in SCAN's TV studio at the Monmouth Mall. Become familiar with TV equipment and work in key production positions such as running the cameras, the audio board and teleprompter, as well as directing and producing at TV show. Remote field production equipment used to cover local events.

Friday 12:00PM-1:30PM

9/13/2024-12/6/2024 (no class 11/29)

Instructor: Robin Kampf

Member Fee: 60.00

In-person - C2210.1

**2024 Fall Registration Form**

LAST NAME: \_\_\_\_\_ FIRST NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_


CITY, STATE, ZIP: \_\_\_\_\_

PRIMARY PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

- An **EMAIL** address is **REQUIRED** to take online classes and participate in virtual events in order to send Zoom information.
- \_\_\_\_\_ Please initial that you have been cleared by your Physician to take online or in-person Fitness Classes with SCAN and that you do not hold SCAN or the Instructors liable.

**\*\* You must register for a class or workshop at least one week prior to the start date. \*\***

**REGISTRATION WILL NOT BE PROCESSED WITHOUT PAYMENT**

CODE #	TITLE	DAY	TIME	TUITION	
	Lunch & Learn at Monmouth Mall, 11:30am-1:00pm (Open to the Public) <i>CIRCLE "FREE" &amp; SELECT DATES TO REGISTER</i> September 26 / November 7			FREE	
	Lunch & Learn at St. Andrew United Methodist Church, 10:30am-1:00pm - October 9 (Open to the Public) <i>CIRCLE "FREE" TO REGISTER</i>			FREE	
	Meet The Healthcare Professionals, 11:30am-12:30pm - November 14 at LiveWell Center located at 200 Wyckoff Road, Eatontown (Open to the Public) <i>CIRCLE "FREE" TO REGISTER</i>			FREE	
TOTAL TUITION \$					
 <b>Donate</b>	<b>Our goal is to keep our fees as low as possible. We hope you are receiving <i>value</i> in SCAN's programming, both paid and free. Thank you for your donation.</b>			_____ \$25 _____ \$10 _____ \$5 _____ \$	
	TOTAL DUE \$				

Mail completed Registration Form with check made payable to SCAN:  
Monmouth Mall, 180 Highway 35 South, Eatontown, NJ 07724 ~ Tel: 732.542.1326 ~ www.scannj.org

VISA    MasterCard   Card # \_\_\_\_\_   Exp Date: \_\_\_\_\_   Security # \_\_\_\_\_

Billing address on Card \_\_\_\_\_  
\_\_\_\_\_

<b>SCAN OFFICE USE ONLY</b>
Date received: _____
Date entered in SF: _____
Date entered in QB: _____



Monmouth Mall  
180 Highway 35 South  
Eatontown, NJ 07724  
732-542-1326  
www.scannj.org

**2024 Fall Semester – ONLINE & INPERSON**  
**Classes begin September 9<sup>th</sup>.**  
**Come join our 36 years of excellence!**



**Stay Active | Stay Healthy | Stay Connected**

## SCAN's Benefit Enrollment Center

The BEC Connects Medicare beneficiaries and disabled adults of limited income to the benefits they are entitled to receive.  
**These benefits can represent a savings of hundreds of dollars per month!**



SCAN's BEC screens for eligibility and provides application assistance and referrals for:

**Medicare & Prescription Savings Programs**  
**SNAP (Food Stamps) | Energy Assistance | Transportation & more!**

Call the Benefit Specialist today at 732-587-5906 for a **FREE** eligibility screening.

## SCAN Lunch & Learn Series

**Community Resources & Exhibits | Presentations | Lunch | Socialization**

**Monmouth Mall**

September 26 & November 7  
11:30am-1:00pm

**St. Andrew United Methodist Church**

October 9  
10:30am-1:00pm  
(1528 Church Road, Toms River)



Register at [www.scannj.org](http://www.scannj.org) under FREE Public Events or use the QR Code.

