

Monmouth Mall
180 Highway 35 South
Eatontown, NJ 07724
732-542-1326
www.scannj.org
Monday-Friday 9:00AM-4:00PM

2024 Winter Class & Event Listing



Senior Citizens Activities Network (SCAN) serves the 55+ community in Monmouth and Ocean Counties enriching their lives with programming to promote healthy lifestyles, continuing education, and access to community and economic resources to keep them active, healthy, and connected.

Dear Friends and fellow SCAN Members,

The new year has traditionally been a time where we take stock of our lives, reflect on the previous twelve months, and focus on the things that are most important to us in the year ahead. Chief among our concerns for 2024 should be taking care of our physical, mental and spiritual health so that we can continue to thrive for ourselves and our loved ones, particularly as we age. By keeping your membership active with SCAN in 2024, you've taken an important step towards staying healthy in mind, body and spirit, and we have been busy preparing a full line up of programs, classes and workshops for our Winter 2024 semester to help you do just that. We will once again offer weekly classes including art, music, dance, fitness, languages and more, as well as host nine Lunch & Learn events, both at Monmouth Mall in Eatontown and at St. Andrew United Methodist Church in Toms River. Also, on tap for the first half of the year is SCAN's 6th Annual Senior Expo and Fashion Show, which will be held on Friday, May 10, here at Monmouth Mall, our Brain Health Fairs, and our 3rd Annual Golf Classic. In addition, there will be a new assortment of pop-up events, workshops, panels and presentations many of which will be offered at no cost for SCAN members. SCAN's growing Benefit Enrollment Center will also continue to meet the needs of Monmouth County's most at-risk seniors, by connecting them to benefits that they didn't know they were entitled to, such as Medicaid, Medicare and utility assistance.

While 2023 has been filled with incredible growth for SCAN, I have never been so excited about our future. We will continue to push forward with new programming ideas, improvements, and a dedication to providing the best experience possible for our members.

We are very grateful for each and every one of you and are excited to help you reach your personal growth goals in 2024.

Wishing you good health and endless blessings to you and your loved ones in the New Year ahead.

Best regards,

Mike Ciavolino, Executive Director



SAVE THE DATE
SCAN's 3rd Annual Golf Classic
July 15, 2024
Eagle Oaks Golf & Country Club



It's never too early to think of warm weather and playing golf.

Thank you to our Benefactor, **Monmouth Mall**, and to all our Annual Sponsors.



2024 Winter Semester In-Person & Online Classes and Event Schedule

January 15 to April 12

SCAN will be closed February 19

SCAN Membership is \$25 and Annual Renewal is \$20.

Acting: The Art & Fun of Acting & Improv NEW SECTION ADDED

Come have a great time in this 12-week class learning the skills used for acting for stage and screen, and why improvisation is not just about comedy and performing, BUT a way to live life with more confidence and positivity. Professional director and acting coach David J.V. Meenan has students currently in Broadway shows, on television, and in Hollywood movies. It's never too late to start an acting career. Discover the ins and outs of the business and how to get started, while working on original scenes written for the class. **Choose the new Beginner class or the existing Intermediate class.** See also **Tap Dancing & Stand-Up Comedy** with David.

Monday 10:00AM-11:30AM (Intermediate) 1/15/2024-4/8/2024 (no class 2/19) C6611.1

Instructor: David J.V. Meenan

Monday 12:00PM-1:30PM (Beginner) 1/15/2024-4/8/2024 (no class 2/19) C6611.2

Member Fee: 144.00

Art: Introduction to Drawing – Part II

This 8-week class is a continuation of Introduction to Drawing. Join us as we continue to explore drawing which will include gesture, human figure, and facial features. **CLASS MINIMUM IS 8 AND MAXIMUM IS 14.**

Friday 10:00AM-12:00PM 1/19/2024-3/8/2024

Instructor: Lorena Vera, Artist/Certified Art Teacher

Member Fee: 184.00

In-person – C9901.1

Art: Fundamentals of Art for the Beginner

***Please note this is the ONLY semester in 2024 this class will be offered and it is a pre-requisite for other SCAN art classes.**

Join this 8-week class with **all art supplies provided** and take this journey to learn the fundamentals of art. Learn to draw in Weeks 1 and 2 by exploring shapes, forms and shading which leads to transforming shapes into objects. Weeks 3 thru 5 include brush techniques, color theory and color mixing with acrylic paint. Weeks 5 thru 8 cover proportion, drawing and the study of light and dark through still life shapes. **CLASS MINIMUM IS 8 AND MAXIMUM IS 14.**

Tuesday 10:00AM-12:00PM 1/16/2024-3/5/2024

Instructor: Lorena Vera, Artist/Certified Art Teacher

Member Fee: 184.00

In-person – C9200.1

Art: Pastel for the Intermediate Beginner

Pre-requisite for this class is Introduction to Drawing or Fundamentals of Art for the Beginner.

Join this 8-week class with **all art supplies provided** to learn how to create amazing effects with pastel. We will explore effects created by the sun on water and sky. We will focus on sunsets and oceans. Our final project will explore composition and create a landscape from reference photos. **CLASS MINIMUM IS 8 AND MAXIMUM IS 14.**

Tuesday 12:30PM-2:30PM 1/16/2023-3/5/2023

Instructor: Lorena Vera, Artist/Certified Art Teacher

Member Fee: 184.00

In-person – C9100.1

Art: Studio Time

Artists of all levels of experience and mediums come together to share studio time in a social setting. **CLASS LIMITED TO 8.**

Tuesday 9:00AM-12:00PM 1/16/2024-4/9/2024

In-person – C0140.1

Member Fee: 55.00

Cooking/Nutrition: Oats for Breakfast and Beyond! NEW

Kick off Heart Health Month with the LiveWell Center! Join Jennifer Klein, Registered Dietitian, for a cooking demonstration featuring a savory spin on oatmeal! Learn all about the heart healthy benefits of this super-grain, and get inspiration for preparing oats for breakfast and beyond!

FREE & Open to the Public. REGISTRATION IS REQUIRED.

Presented by: Monmouth Medical Center

Thursday 1:30PM-2:30PM

2/1/2024

In-person – C9420.1 (Limited to 18)

Online – Z9420.1

Comedy/Writing: Stand-Up Comedy & Comedy Writing NEW

People with stage fright welcome! This fun 8-week class will help you learn how to utilize your own unique personal stories to create jokes that stand out in all audiences. Discover how to transform your natural humor into a comedic structure and build it into an amazing 5-minute set. If getting up in front of people is not your thing, you will also learn how to write jokes and sketches too. No experience needed at all. This is a fun, supportive environment for crafting your stage-presence.

Wednesday 1:00PM-2:30PM 1/17/2024-3/13/2024 (no class 2/7)

Instructor: David J.V. Meenan

Member Fee: 96.00

In-person – C9419.1

Dance: Dance for Fitness

Come join this 12-week class and experience how dancing is a great way to strengthen bones and muscles, maintain a healthy weight, improve balance, and stay healthy in general. Dance for Fitness will incorporate aerobic moves like grapevine and knee lifts along with dance moves like the mambo and cha-cha, using current music and familiar oldies. So much fun it will hardly feel like exercise!

Monday 2:00PM-3:00PM

1/15/2024-4/8/2024 (no class 2/19)

Instructor: Karen Kelly

Member Fee: 78.00

In-person – C6643.1

Dance: Beginner Tap Dance

Fun for everyone who ever had a dream of learning all the basic steps and Broadway routines while having fun at the same time. No experience needed, just an open mind, a sense of humor and some tap shoes. (Flat tap shoes (no heels) can be easily ordered on Amazon.) This 15-week class will take place at **DanceMixx Studio at 31 Park Road, Tinton Falls.**

Thursday 12:00PM-1:00PM

1/4/2024-4/11/2024

Instructor: David J.V. Meenan

Member Fee: 188.00 **In-person – C9902.1**

Dance: Intermediate Tap Dance

Time to brush off those shoes, and get back into your Time Steps, Maxi Fords, Cramp Rolls, and learn some new steps as well. Class will be taught by Guinness Book World Record Holder in Tap, David J.V. Meenan, who has been teaching adults for years. This 15-week will take place at **DanceMixx Studio at 31 Park Road, Tinton Falls.**

Thursday 1:00PM-2:00PM

1/4/2024-4/11/2024

Instructor: David J.V. Meenan

Member Fee: 188.00 **In-person – C9903.1**

Fitness: Tai Chi Easy

Tai Chi Easy program is easy to learn and promotes health, vitality and inner peace and can be done by anyone sitting or standing. This 10-week class consists of movements from simple Qigong, including four essential energy cultivation methods: postural alignment and gentle movement; breath practice; self-applied massage; and relaxation, visualization, and meditation practices.

Monday 12:00PM-1:00PM

1/22/2024-4/1/2024 (no class 2/19)

Instructor: Bill Stevens

Member Fee: 65.00

Online - Z0891.1

Fitness: Strength & Stretch

This 12-week class will focus on stretching, strengthening and flexibility to improve your posture, range of motion and balance. This class will incorporate light weights and bands for strengthening and simple yoga moves for balance and flexibility.

Monday 1:00PM-1:45PM

1/15/2024-4/8/2024 (no class 2/19)

Instructor: Karen Kelly

Member Fee: 60.00

In-person – C5105.1 Online – Z5105.1

Fitness: Strong Body Strong Bones

Exercise strengthens bones and muscles and improves balance, coordination, and flexibility, key for people with osteoporosis and osteopenia. This 13-week class incorporates light aerobics and weight exercises designed to improve strength, balance, and flexibility. We will use weights, a playground ball and an exercise band. While at home, use water bottles, a small pillow and a scarf or belt.

Tuesday 11:00AM-12:00PM

1/16/2024-4/9/2024

Instructor: Karen Kelly

Member Fee: 85.00

In-person - C0905.1 Online - Z0905.1

Thursday 11:00AM-12:00PM

1/18/2024-4/11/2024

Member Fee: 85.00

In-person - C0905.2 Online - Z0905.2

Fitness: Beginner/Gentle Floor Yoga

For the beginner who has never taken a yoga class and is not familiar with yogic breathing techniques or this is a great 12-week class to introduce yourself back to yoga if you haven't practiced for many years. If you have limited range of motion or an injury that limits mobility, you will learn how to adapt the poses so you can practice with ease and still get the full benefits of yoga. We will strengthen and support the practice of moving from the floor to standing poses. Two yoga blocks, a yoga blanket (throw blanket), and yoga strap (rope, tie, or scarf) are mandatory for this class and are all available on site for in-person classes.

Wednesday 10:15AM-11:15AM

1/17/2024-4/10/2024 (no class 4/3)

Instructor: Maria DiSanti

Member Fee: 78.00

In-person - C6676.1 Online - Z6676.1

Friday 10:15AM-11:15AM

1/19/2024-4/12/2024 (no class 4/5)

Member Fee: 78.00

In-person – C6676.2 Online – Z6676.2

View SCAN's YouTube Channel as a resource to watch recorded interviews with
Community Partners, Healthcare Professionals and more.
Visit our website at www.scannj.org & look for the YouTube logo.



Fitness: Intermediate/Advanced Floor Yoga

Basics will not be covered in this 12-week class. Knowledge and experience of yoga postures (asana) and basic knowledge of breathing techniques (e.g., 3-part yoga breathe) pranayama is required. Some understanding of how to use props for any postures that might be challenging for you is a plus. Moving from the floor to standing easefully is also essential. This is still a slower-paced class with holding postures for strength. two yoga blocks, a yoga blanket (or throw blanket), and yoga strap (rope, tie, or scarf) are mandatory for this class and are all available on site for in-person classes.

Wednesday 9:00AM-10:00AM

1/17/2024-4/10/2024 (no class 4/3)

Instructor: Maria DiSanti

Member Fee: 78.00

In-person - C0860.1 Online - Z0860.1

Friday 9:00AM-10:00AM

1/19/2024-4/12/2024 (no class 4/5)

Member Fee: 78.00

In-person - C0860.2 Online - Z0860.2

Fitness: Chair Assisted Yoga

Gentle movements that anyone can practice sitting on a chair or standing with the support of the chair. You receive all the benefits of yoga while supported by a chair. Practice yoga breathing techniques that strengthen the lungs, improve circulation and promote a calm mind. Strengthen the muscles, improve all the systems of the body, increase range of motion and much more in this 13-week class.

Wednesday 11:30AM-12:30PM

1/17/2024-4/10/2024 (no class 4/3)

Instructor: Maria DiSanti

Member Fee: 78.00

In-person - C0861.1 Online - Z0861.1

Friday 11:30AM-12:30PM

1/19/2024-4/12/2024 (no class 4/5)

Member Fee: 78.00

In-person - C0861.2 Online - Z0861.2

Games: Trivia Time – DAY & EVENING SESSION **NEW**

Have some fun playing Trivial Pursuit Baby Boomer Edition with fellow SCAN Members. A few good laughs will be shared and prizes will be awarded. **Please ONLY register for one session to ensure everyone gets an opportunity to participate.**

Thursday 1:30PM-2:30PM – 2/22/2024 In-person - C6673.1

Facilitator: Imperial Healthcare

Tuesday 6:30PM-7:30PM – 2/27/2024 Online - C6674.1

FREE - SCAN Member Benefit

Games: Corn Hole **NEW**

Come play in his Cornhole Tournament to promote good health (balance & movement), as well as some good old fun and socialization. Space is limited to 32 players and teams will be randomly selected. All levels of play are welcome.

Friday 1:00PM-2:30PM 2/9/2024 In-person – C9910.1

Hosted by: BravenHealth

FREE & Open to the Public. REGISTRATION REQUIRED.

Health & Wellness: Restorative Yoga

No prior yoga experience required. Restorative yoga seeks to achieve physical, mental, and emotional relaxation with the aid of yoga blocks, blankets, and bolsters (available onsite or bring your own). There is no muscular effort as the props support you to maintain balance while you are stimulating and relaxing your body, activating the parasympathetic nervous system. Restorative yoga works to eliminate fatigue and stress that result from daily activities by lowering blood pressure, decreasing respiration and improving digestion and immunity by increasing blood flow to vital organs.

Instructor: Maria DiSanti

Wednesday 1:15PM-2:30PM

January 31, February 28, March 27

Member Fee: 18.00 per session (Register for each date separately and please indicate if bringing your own bolster.)

Health & Wellness: Women's Healthy Heart Tea **NEW**

Join Monica Bais, M.D., as she discusses how heart disease affects women's health differently than men, as well as signs, symptoms, treatment options and prevention. Also, learn which teas can benefit heart health and enjoy some light refreshments.

Wednesday 1:30PM-2:30PM 2/7/2024

In-person – C9600.1

Presented by: Hackensack Meridian Health

FREE & Open to the Public. REGISTRATION REQUIRED.

Health & Wellness: Take Control of Your Health Program **NEW**

Start your year off right and take control of your health! This free interactive 6-week self-management workshop is an ideal way to take back control of your health and your life. In a weekly group setting, participants will learn techniques to manage their chronic health conditions, create weekly action plans, share their experiences, and help each other solve problems they encounter along the way. Participants receive the companion book, *Living a Healthy Life with Chronic Conditions*. This program is a collaboration between SCAN and Hackensack Meridian Health. **FREE and open to residents of Monmouth County age 60 or older.**

Friday 10:00AM-12:00PM

3/8/2024-4/12/2024

MUST CALL SCAN TO REGISTER at 732-542-1326.



Brain Health Fair at Monmouth Mall

April 25 from 10:00am-12:30pm

Everything we do impacts our brain, from our daily interactions, food intake, level of exercise, and so much more. Event includes visits with exhibitors, a keynote presentation, small group sessions and gift card raffle.

FREE & OPEN TO THE PUBLIC. Register at www.scannj.org under Free Public Events.

Languages: Intermediate French

Parlez-vous un peu de français ? Do you speak a little bit of French? If you have previously pursued a French class, either at SCAN or in any school setting, you will be able to expand upon your current knowledge base in this class. You should know and understand conjugation in the present tense for frequently used regular verbs, as well as understand vocabulary that may frequently arise in basic conversation. Most importantly, however, you will have so much fun learning authentic French through music, short stories, and conversation during this 13-week course.

Tuesday 10:03AM-11:30AM

1/16/2024-4/9/2024

Instructor: Anthony Baldachino

Member Fee: 91.00

In-person – C6648.1

Languages: Beginner Italian I

Have you always wanted to learn Italian, perhaps to converse with natives on your next trip to Italy, or maybe just as a hobby to stay active? Benvenuto! Welcome to Beginner Italian I! In this 12-week class, we will have basic conversations on an elementary level in everyday language. Topics will include talking about where you are from, what you like to do, your family, food, weather, and other topics of common interest to the group. Most of all, you will have fun learning authentic communication in a supportive atmosphere.

For those with no prior experience.

Monday 10:00AM-11:00AM

1/15/2024-4/8/2024 (no class 2/19)

Instructor: Richard Sorrentino

Member Fee: 78.00

In-person – C6670.1 Online – Z6670.1

Languages: Beginner Italian II

Have you always wanted to learn Italian, perhaps to converse with natives on your next trip to Italy, or maybe just as a hobby to stay active? Benvenuto! Welcome to Beginner Italian II! In this 12-week class, we will have basic conversations on an elementary level in everyday language. Topics will include talking about where you are from, what you like to do, your family, food, weather, and other topics of common interest to the group. Most of all, you will have fun learning authentic communication in a supportive atmosphere.

Monday 11:30AM-12:30PM

1/15/2024-4/8/2024 (no class 2/19)

Instructor: Richard Sorrentino

Member Fee: 78.00

In-person – C6670.2 Online – Z6670.2

Languages: Advanced Beginner Italian

Parla un po' d'italiano? Do you speak some Italian? In this 13-week class, you will build on knowledge gained in the Beginner Italian class, or in other Italian classes you might have attended, at SCAN or in a school setting. You should know basic structures like present tense and basic vocabulary in the topics mentioned above in the description of Beginning Italian.

Thursday 1:00PM-2:00PM

1/18/2024-4/11/2024

Instructor: Richard Sorrentino

Member Fee: 85.00

In-person – C1427.1 Online – Z1427.1

Languages: Italian Conversation

Italian Conversation is a gathering of Italian speakers at an intermediate level. Students will have a command of basic grammar and vocabulary with communication in authentic, everyday language as our goal. We will cover a wide range of topics in this 13-week class based on the experiences of the students themselves: family, travel, food and anything else of common interest to the group.

Instructor: Richard Sorrentino

Monday & Friday 1:30PM-2:30PM

1/15/2024-4/12/2024 (no class 2/19)

Member Fee: 124.00

Online – Z1425.1

Languages: Beginner Spanish

Spanish is the most important word language spoken in our country today. In this 13-week class, you can start from scratch or brush up on the Spanish you learned in high school or college. The class atmosphere is relaxed and fun. Everyone will be encouraged to speak, with grammar and vocabulary exercises as needed. ¡Mucho gusto!

Thursday 11:30AM-12:30PM

1/18/2024-4/11/2024

Instructor: Richard Sorrentino

Member Fee: 85.00

In-person – C6660.1 Online – Z6660.1

Languages: Advanced Beginner Spanish

Do you speak some Spanish? In this 13-week class, you will build on knowledge gained in the Beginner Spanish class, or in other Spanish classes you might have attended, at SCAN or in a school setting. You should know basic structures like present tense and basic vocabulary. Most of all, you will have fun learning authentic communication in a supportive setting.

Wednesday 1:00PM-2:00PM

1/17/2024-4/10/2024

Instructor: Richard Sorrentino

Member Fee: 85.00

In-person – C1405.1 Online – Z1405.1

Languages: Spanish Conversation

¿Habla español? Spanish Conversation is a gathering of Spanish speakers at an intermediate level. Students will have a command of basic grammar and vocabulary with communication in authentic, everyday language as our goal. We will cover a wide range of topics based on the experiences of the students themselves: family, travel, food and anything else of common interest to the group.

Tuesday 1:00PM-2:00PM

1/16/2024-4/9/2024

Instructor: Richard Sorrentino

Member Fee: 85.00

Online – Z1406.1

Literature: Classic Literature

Join our 13-week literature group and discover why reading and discussing great literature is a unique way of understanding history while adding to your personal literary wealth. The class discussions provide a deeper understanding of the literature as well as a sense of personal enrichment. The book selection is *A Connecticut Yankee in King Arthur's Court* by Mark Twain (Penguin Classics).

Friday 10:00AM-11:30AM

1/19/2024-4/12/2024

Instructor: Flora Higgins

Member Fee: 91.00

In-person – C1511.1

Music: Jack's Jazz Radio Hour

Come listen to some of the greatest music ever recorded with wonderful behind-the-scenes stories told by Jack Livingstone, Monmouth County's favorite "Jazz Man." Each week you will enjoy yourself and learn about different vocalists and composers.

Wednesday 10:00AM-11:30AM

1/17/2024-4/10/2024

Instructor: Jack Livingstone

Member Fee: 20.00

In-person – C0701.1 Online – Z0701.1

Technology: iPhone & iPad Features & Apps for Daily Living **NEW**

Each workshop is a stand-alone, so you can register for all of them or just the workshop that fits your needs. An open review session for all participants is also included on April 10.

January 31 – **iCloud Setup & Use** **In-person - C8801.1**

February 21 – **Contacts** (creating, editing, sharing & synching) **In-person - C8802.1**

February 28 – **Wifi Setup** (editing & personal hotspots) **In-person - C8803.1**

March 13 – **Calendar** (creating manually & from other sources, editing and searching) **In-person - C8804.1**

March 27 – **Reminders, Notes, Shopping Lists & Voice Recordings** **In-person - C8805.1**

Wednesday 1:00PM-2:00PM

Instructor: Bobby Tyler

Member Fee: 10.00 per workshop (Limited to 8 students per workshop)

Special Interest: A Walk Their Shoes **NEW**

Understanding dementia and Alzheimer's is the first step towards empathy and providing the best care possible for a loved one. Join Willow Springs Rehabilitation and Healthcare Center's Medical Memory Care Director, Dr. Mark Pass' presentation along with Ricky Pena's virtual dementia tour for an eye-opening experience. Lunch will follow.

Friday 12:15PM-1:15PM

3/8/2024

In-person – C9908.1

FREE & Open to the Public. REGISTRATION REQUIRED.

Presented by: Willow Springs Rehabilitation

Special Interest: Leave Your Hooks & Needles at Home **NEW**

Come join this fun workshop to learn and create your own handmade blanket using your hands. Yes, your hands! A supply list will be provided to purchase the large chunky yarn that is needed for the project (approximately \$60). Lite refreshments will be served.

Thursday 1:00PM-2:30PM

1/25/2024

In-person – C9909.1

Instructor: Bobby Tyler

Member Fee: 10.00

Television & Film: TV & Film Production

Learn the process of putting a TV show, documentary, or feature film together from a National award-winning producer/director and filmmaker Robin Kampf. Learn all about the exciting phases of television production in SCAN's TV studio at the Monmouth Mall. Become familiar with TV equipment and work in key production positions such as running the cameras, the audio board and teleprompter, as well as directing and producing at TV show. Remote field production equipment used to cover local events.

Friday 12:00PM-1:30PM

1/19/2024-4/12/2024

Instructor: Robin Kampf

Member Fee: 65.00

In-person - C2210.1

2024 Winter Registration Form

LAST NAME: _____ FIRST NAME: _____

ADDRESS: _____


CITY, STATE, ZIP: _____

PRIMARY PHONE: _____ EMAIL: _____

- An EMAIL address is **REQUIRED** to take online classes and participate in virtual events in order to send Zoom information.
- _____ Please initial that you have been cleared by your Physician to take online or in-person Fitness Classes with SCAN and that you do not hold SCAN or the Instructors liable.

**** You must register for a class or workshop at least one week prior to the start date. ****

REGISTRATION WILL NOT BE PROCESSED WITHOUT PAYMENT

CODE #	TITLE	DAY	TIME	TUITION
	Lunch & Learn at Monmouth Mall, 11:30am-1:00pm (Open to the Public) CIRCLE "FREE" & SELECT DATES TO REGISTER February 15 / March 21			FREE
	Lunch & Learn at St. Andrew United Methodist Church, 10:30am-1:00pm - February 21 (Open to the Public) CIRCLE "FREE" TO REGISTER			FREE
	Brain Health Fair at Monmouth Mall, 10:00am-12:30pm - April 25 - (Open to the Public)			FREE
	TOTAL TUITION			
	RENEW MY SCAN MEMBERSHIP (\$20) / BECOME A SCAN MEMBER (\$25)			\$
	 <p>Our goal is to keep our fees as low as possible. We hope you are receiving <i>value</i> in SCAN's programming, both paid and free. Thank you for your donation.</p>			\$25
				\$10
				\$5
				\$
	GRAND TOTAL			\$

Mail completed Registration Form with check made payable to SCAN:
Monmouth Mall, 180 Highway 35 South, Eatontown, NJ 07724 ~ Tel: 732.542.1326 ~ www.scannj.org

☐ VISA ☐ MasterCard Card # _____ Exp Date: _____ Security # _____

Billing address on Card _____

SCAN OFFICE USE ONLY

Date received: _____

Date entered in SF: _____

Date entered in QB: _____

Monmouth Mall
180 Highway 35 South
Eatontown, NJ 07724
732-542-1326
www.scannj.org

2024 Winter Semester – ONLINE & IN-PERSON
Classes begin January 15, 2024
Come join our 35 years of excellence!



Stay Active | Stay Healthy | Stay Connected

SCAN Lunch & Learn Series

Community Resources & Exhibits | Presentations | Grab & Go Lunch | Socialization



Monmouth Mall

February 15 & March 21
11:30am-1:00pm

St. Andrew United Methodist Church

1528 Church Road, Toms River

February 21 from 10:30am-1:00pm

Register at www.scannj.org under FREE Public Events.



SCAN's Benefit Enrollment Center

The BEC Connects Medicare beneficiaries and disabled adults of limited income to the benefits they are entitled to receive.

These benefits can represent a savings of hundreds of dollars per month!

SCAN's BEC screens for eligibility and provides application assistance and referrals for:

Medicare & Prescription Savings Programs | Medicaid

SNAP (Food Stamps) | Energy Assistance | Transportation & more!

Call a Benefit Specialist today at 732-587-5906 for a **FREE** eligibility screening.

