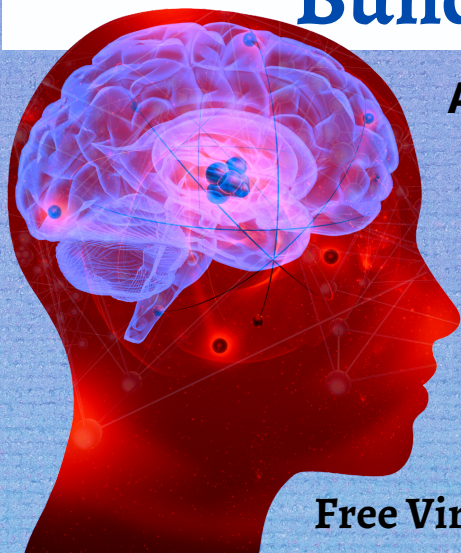


"Build a Better Brain"



April 8, 2021--1PM-2:30PM

*An opportunity for people of all ages
to learn how to "build a better brain"
and experience creative activities
designed to improve your brain health*

REGISTER HERE

Free Virtual Event & Open to Public **Keynote Presentations**

Keeping Your Brain Young With Music

Presented by Fran Pannella, LPN, CDP, BF-CMT
Director, Alzheimer's Respite Care Program
Caregiver Volunteers of Central Jersey

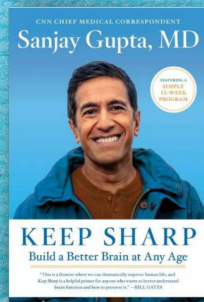
Four M's of Healthy Aging & Brain Health: A Recipe for Successful Aging

Presented by Manisha Parulekar, M.D.
Director, Division of Geriatrics, Hackensack University Medical Center

Virtual Activities

Brain Games | Physical Activity | Group Meditation

*Virtual activities will be facilitated by
Monmouth University Occupational Therapy
Department and OT Club.*



Attendees entered to win a copy of this book!

Count on SCAN
to Keep Your Brain
Healthy, Active, & Connected



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