

# Brain Health Fair



*SCAN presents an opportunity for people of all ages to experience fun and creative interactive activities designed especially to promote your brain health.*

## \*\*\* KEYNOTE SPEAKERS \*\*\*

### ***“Keeping Your Brain Healthy”***

Dr. Kristine Keane of *Hackensack Meridian Health*

### ***“Benefits of Nutrition & Hydration for your Brain Health”***

Adrienne Bruker, Sports Nutritionist, *CareOne King James*

## ***Featuring interactive brain teaser stations!***

*Puzzles | Word Games | Brain Teasers | Snacks & Prizes*



**Date: Thursday - June 27, 2019**

**Time: 10:00AM-1:00PM**

**Where: Bayshore Senior Center**  
100 Main St, Keansburg

**Free Event & open to the public!**

**Call SCAN to register: 732-542-1326**



## \*\*\* SPONSORS \*\*\*

Clear Captions | BCB Bank | Hackensack Meridian Health  
CareOne | Anchor Care | Laurel Bay | GymGuyz  
Comfort Keepers | Home Drug Store  
Visiting Nurse Association Health Group  
Community Affairs & Resource Center  
Family & Children's Services  
Beacon of Life | Lakewood BlueClaws

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